

SPECIAL HOMEWORK FROM BAPDADA FOR CREATING
THE NATURAL NATURE OF BECOMING BAPSAMAN

From 6/3/08 to 2/4/08 (please answer Yes or No)

1. *Was my vow of purity firm in all 5 forms today - Thought, Words, Action, Relations and Contacts?*
2. *Was the controlling power of my mind and intellect in the emerged form at every moment?*
3. *Did I accumulate the Power of Silence and Power of elevated action?*
4. *Was there any form of carelessness? (Wilted face, procrastination, giving excuses or reasons etc.)*
5. *Did I have the awareness of soul whenever I used the word "I" just as I am aware of Baba when I say "my"?*
6. *Did I remember "Karavanhar" (the one who is getting the task done) in everything I did today?*
7. *Did I become equal to the Father today in:*
 - a) *Constantly revealing Baba's virtues through my face*
 - b) *Baba's shrimat through my activities*
 - c) *Constant smiling face*
 - d) *Constant behavior of being content and making others content*
 - e) *Having the balance in karma and yoga in every action?*
8. *Did I think and check my thoughts and words before performing actions?*
9. *Did I revise BapDada's gift of "one step of courage of the child and a thousandfold help from the Father at amrit vela and also in between while performing actions as a karma yogi?"*
10. *Did I pay special attention of going into deep silence in a second several times during the day?*

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"GOOD LUCK FOR YOUR HOMEWORK"